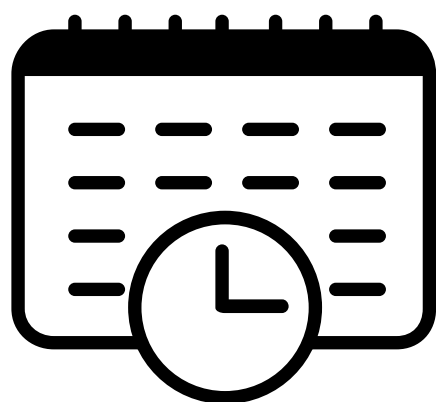


2022 WELLNESS ACTIVITY CHECKLIST CHANGES



1.) The deadline for all wellness activities, with the exception of the Lifestyle Consult due April 30th, is November 30th.



2.) This year, the amount you earn for your Annual Preventive Care Visit is determined based on the date of completion. If you complete your visit by **April 30th you will earn \$900 in wellness credits**. If you complete your visit by **July 31st you will earn \$750 in wellness credits**, and if you complete your visit by **November 30th you will earn \$600 in wellness credits.***

*Credits earned over \$2000 for Engaged Plan members and over \$750 for PPO members cannot be shared with a spouse/partner

**Questions? Please call 609-677-7507 or email
wellness@atlanticare.org**

Your health plan is committed to helping you achieve optimal health. Rewards for participating in this wellness program are available to all benefit eligible employees by way of wellness credits. If you think you might be unable to meet a standard for wellness credits under this wellness program, you might qualify for an opportunity to earn the same wellness credit by different means. Please contact Health Engagement at 609-677-7507 or by emailing wellness@atlanticare.org and we will work with you (and, if you wish, with your doctor) to find a reasonable alternative with the same reward (or a waiver) that is right for you in light of your health status.

